



## Electronic Media Informed Consent

In rare instances when a client is not able to be physically present for therapy but prefers not to skip a session, he/she may choose to connect with the therapist electronically, such as via VSee or Doxy.me—both routes declare that they are HIPAA compliant.

Before engaging in VSee or Doxy.me, please be aware of the following limitations of and expectations re: electronic psychotherapy treatment:

1. Any Internet-based communication is NOT GUARANTEED TO BE SECURE/CONFIDENTIAL.
2. There are precautions that you, as client, can take to increase security, including:
  - a. Ensuring that you are online in a private room/area with the door closed, and if possible, using some type of sound blocking device.
  - b. When possible, connect to the Internet directly (as opposed to using WiFi).
  - c. Make sure to turn VSee off, not just disconnect from the call when the session is over.
3. Make the same commitment to your online session that you would to an in-office appointment.
  - a. Don't be late.
  - b. Limit distractions – turn off cell phones; avoid 'split screens.'
  - c. Check the audio/visual in the 'preferences' each time before a session so that you can see what I am seeing (and vice versa).
4. An Online session is subject to the same cancellation policy as an in-person appointment.

I have read the electronic media Therapy contract. I understand and agree to comply with the policies as they are described and release New Life Counseling Center, PLLC and my therapist from any liability re: confidentiality that may be compromised via electronic format.

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Client Name (Print)

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Signature

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Date

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Therapist's Name

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Signature

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Date